

## Resources for Health Insurance

- Employer Based - <https://www.healthcare.gov/have-job-based-coverage/>
- Cobra Information - <https://www.dol.gov/general/topic/health-plans/cobra>
- Marketplace - <https://www.healthcare.gov/>
- Veterans - <https://www.va.gov/health-care/about-va-health-benefits/>
- Medicare - <https://www.medicare.gov/>
- Medicaid - <https://www.medicaid.gov/medicaid/index.html>
- Disability - <https://www-origin.ssa.gov/benefits/disability/>

## Resources for Financial Help – MS

- **Brighter Tomorrow Grants and Health and Wellness Programs** - Grant recipients receive funds for goods and services not covered by other programs. The grant is designed to improve quality of life.
- **HealthWell Foundation** - Gives grants and other financial assistance for coinsurance, copayments, health care premiums and deductibles for certain medications and therapies.
- **Patient Access Network Foundation** - Ensures underinsured patients living with chronic disease get financial help to focus on what matters most - their health.
- **Friends of Man** - Helps with a large variety of needs, such as mobility equipment, wheelchairs, van lifts, home modifications, medical equipment and procedures, prescriptions and more.
- **National Organization for Rare Disorders** - A patient advocacy organization dedicated to individuals with rare diseases and the organizations that serve them.
- **The Assistance Fund** - Copay Assistance Program - helps cover diagnosis and treatment
- **Good Days** - Assistance Programs for Copay, Travel, Premium and Testing
- **Patient Advocate Foundation** - Assistance for copays, co-insurance and deductibles

## Resources for Multiple Sclerosis

- [Can Do MS](#) – Non-profit organization providing information and resources for individuals living with MS
- [National MS Society](#) – National nonprofit providing navigation, information, referral and support services for MS patients.
- [Multiple Sclerosis Association of America](#) – National non-profit providing information and resources for individuals living with MS, their family and care partners.
- [Multiple Sclerosis Navigators](#) – The NMSS has a new program designed to connect patients and families with local resources to help with a wide range of issues. They are professionals trained to assist you with accessing local resources and services to help you with the many challenges that comes with living with MS.
- [American Academy of Neurology](#) – A professional society representing more than 32,000 neurologists and neuroscientists. The website contains information on various neurological conditions.
- [North American Research Committee on Multiple Sclerosis \(NARCOMS\)](#) – A global registry containing research, treatment and patient education.

## Resources for Medication Help – MS

- [Needy Meds](#) – Find help with the cost of prescription medicines.
- [Good RX](#)– Find help with the cost of prescription medications.
- [Blink Health](#) – Find help with the cost of prescription medications.
- [SingleCare](#)– Find help with the cost of prescription medications.
- [RXSaver](#)– Find help with the cost of prescription medications.
- [CostPlus Drugs](#) – Find help with the cost of prescription medications.

## Cost Comparison Tool

- [Health Insurance Plan Comparison Calculator \(health-plan-compare.com\)](#)

## **Healthcare Appeals**

- **Healthcare Appeals** – A resource for assisting with healthcare appeals.