



Frequent Topics of Discussion with an MS Provider

How do I know my disease modifying therapy is working?

What is the difference between a relapse and a pseudo-relapse?

How do I know if I am having a relapse or just a bad day?

How do I know if a symptom I am having is related to MS or something else?

What other health care providers should I see regularly?

What should I do if we want to start a family?

Can I pass MS on to my children?

Is there a specific diet for MS?

How can I help fatigue without medication?

Is it safe for me to take supplements?

How much Vitamin D should I take?

Are there things I can do for constipation?

Are there things I can do for bladder issues?

I've noticed some subtle changes in my memory. What should I do?

My most troublesome symptom is _____. What is available to help me with that?

Should I have FMLA papers completed for my job? Should my support partner?